

CHEMISTRY LINK

● Did You Know?

Many vitamins, especially the water-soluble vitamins, act as coenzymes or are precursors to coenzymes. These molecules must be present and bind with an enzyme and substrate for the enzyme-catalyzed reaction to take place. Usually, the coenzymes are changed in the reaction and then enter a biochemical cycle that returns the coenzyme to its original form. Coenzymes might better be called co-substrates.